



## **WRESTLING REGULATIONS**

**Last update 26.05.2026**

### **1. Organization**

- a. The Wrestling Committee of the 22<sup>nd</sup> Maccabiah will be responsible for the Wrestling competitions of the 22<sup>nd</sup> Maccabiah.
- b. The Wrestling competitions will be conducted according to the United World Wrestling rules.
- c. Participation in the competition is open to any athlete who is in possession of a Participant Card, issued by the Organizing Committee of the 22<sup>nd</sup> Maccabiah, and is registered for the Wrestling competitions
- d. According to the UWW Regulations each participating country must include in his Delegation UWW licensed referee(s).
- e. The Wrestling competition will be held in three styles: Greco-Roman, Freestyle, Beach Wrestling and U20 Women Wrestling. Wrestlers will be allowed to compete in all styles
- f. Minimum age for wrestlers in the competition is 17 years old (Athlete's age as of December 31<sup>st</sup> 2025). 2010 Birth year are allowed in GR - 55kg, 60kg, FS – 57kg, 61kg, BW Male – 70kg, BW Female – 50kg. U20 WW – 2006-2012
- g. Competitions will be held according to the following weight categories:  
GR 55, 60, 63, 67, 72, 77, 82, 87, 97, 130  
  
FS 57, 61, 65, 70, 74, 79, 86, 92, 97, 125  
  
U20 WW 50, 53, 55, 57, 59, 62, 65, 68, 72, 76  
  
BW Male 70, 80, 90, 90+  
  
BW Female 50, 60, 70, 70+  
  
No Tolerance

### **2. Venues and times**

The Sport department of the 22<sup>nd</sup> Maccabiah will determine the venues and times of the Wrestling competitions and teams will be notified accordingly.

### **3. System of competition**

- a. The Wrestling competitions will be conducted according to the United World Wrestling updated rules.
- b. In the event of two wrestlers achieving the same number of points in the league, the winner will be determined by a contest between the two.

### **4. Referees**

The Wrestling Committee will select a Referees' Committee, which in turn will appoint the referees of the competition.

### **5. General**

- a. These regulations are but one part of the complete 22<sup>nd</sup> Maccabiah Regulations, and must be read along with the instructions found in "Basic Regulations and Disciplinary Procedures".



- b. In the event of a discrepancy between the regulations written here and those appearing in the “Basic Regulations”, the regulations written here will apply and be binding.

