



SWIMMING REGULATIONS

Last Update: 04.05.2025

1. Organization

- a. The Swimming Committee of the c Maccabiah will be responsible for the Swimming competitions of the 21st Maccabiah.
- b. The Swimming competitions will be conducted according to the rules of World Aquatics.
- c. Participation in the competition is open to any athlete who is in possession of a Participant Card, issued by the Organizing Committee of the 21st Maccabiah and registered in the Swimming competitions.
- d. In Open and Juniors competition (Boys: 2009-2011, Girls: 2009-2012), a country may enter up to five (5) swimmers in each event with a maximum of Three (3) advancing to the Championship Final ("A" Final). The remaining swimmers may compete in "B" final
- e. In Masters Competition, a country may enter up to five (5) swimmers in each event.
- f. Each country may enter one (1) team only in each relay event. In relay races, if there are less than six (6) teams in a race, then additional teams may be comprised of swimmers from countries that do not have a team ("Composite Relay Team"). The system of competition will be clarified during the technical meetings.
- g. Composite relay teams will be treated as invitation teams which are eligible to win medals if they finish first, second or third in a relay final. In each relay race, medals must also be awarded to the first, second and third placed national relay teams comprised entirely of swimmers from the same country.
- h. There will be a division of competition for Paralympic Swimmers. The event schedule shall be determined in February 2022 or at the technical meeting.
- i. In all divisions, swimmers may enter an unlimited number of events.
- j. All Masters swimming competitions will be held for swimmers in ten (10) age groups: 35 – 39, 40 – 44, 45 – 49, 50 – 54, 55 – 59, 60 – 64, 65 – 69, 70 – 74, 75-79 and 80+.

REMARK: In all master's relay events, the age groups are calculated from the total age of the team members (in whole years).

up to 159 years

160 – 199 years

200 – 239 years

240 +

Countries that cannot form a team can combine with other countries to make a team.

- k. Masters events will be run based upon times and not on age. The medals will be awarded based upon age groups. No finals will be held in Masters' competitions.
- l. A specific Masters event will be held only if there is a minimum registration of four (4) countries and a minimum of five (5) swimmers. This regulation will be strictly implemented and will not be subject to revision at the technical meeting or on the pool deck. If there are any disputes, then the organizers have the discretion to cancel the event.
- m. The complete list of Masters' swimmers, including names, ages, events and best times, must be included in Entry Form # 2 which is due on or before November 10, 2024.





- n. Open Water Swim: Each country may enter unlimited number of swimmers in each age category event:
Open – 16-35
Masters: 35 – 39, 40 – 44, 45 – 49, 50 – 54, 55 – 59, 60 – 64, 65 – 69, 70 – 74, 75-79 and 80+. With a minimum of three (3) swimmers per age category needed to open the category.
Juniors: Boys: 2009-2011, Girls: 2009-2012.

2. Venues and Times

- a. The sport department of the 22nd Maccabiah will determine the venues and timetables of the Swimming competitions and teams will be notified accordingly.
- b. The Swimming competitions will be held in swimming pools that meet the requirements of International Rules with 10 lanes used during the competition. The Open Water Swim competitions will be held in an outdoor body of water that meets the requirements of International Rules.

3. Events

- a. Competition in the Open and Juniors Divisions will be held in the following events:

<u>MALE</u>	<u>FEMALE</u>
4 x 50 freestyle relay	4 x 50 freestyle relay
200m breaststroke	200m breaststroke
100m freestyle	100m freestyle
200m backstroke	200m backstroke
800m freestyle	800m freestyle
4 x 100m medley mix relay	4 x 100m medley mix relay
4 x 100m freestyle	4 x 100m freestyle
100m butterfly	100m butterfly
200m freestyle	200m freestyle
400m individual medley	400m individual medley
4 x 50 m medley mix relay	4 x 50 m medley mix relay
4 x 100m medley relay	4 x 100m medley relay
100m backstroke	100m backstroke
400m freestyle	400m freestyle
100m breaststroke	100m breaststroke
200m butterfly	200m butterfly
4 x 50 freestyle mix	4 x 50 freestyle mix
4 x 50 m medley relay	4 x 50 m medley relay
200m individual medley	200m individual medley
50m freestyle	50m freestyle
1500m freestyle	1500m freestyle
4 x 100m freestyle mix	4 x 100m freestyle mix

* Events will alternate by division: Juniors, then Open – unless otherwise noted.



schedule



Day 1 - Sunday - 13/07/2025

50m freestyle
200m backstroke
100m butterfly
800m freestyle
4 x 100m freestyle relay

Day 2 - Monday - 14/07/2025

4 x 50m medley relay
400m freestyle
100m breaststroke
100m backstroke
200m individual medley
4 x 100m freestyle relay - mixed

Day 3 - Tuesday - 15/07/2025

4 x 50m freestyle relay - mixed
400m individual medley
50m butterfly
200m breaststroke
200m freestyle
4 x 50m medley relay - mixed

Day 4 - Wednesday - 16/7/2025

100m freestyle
50m breaststroke
200m butterfly
50 backstroke
1500m freestyle
4 x 100m medley relay



b. Competitions in the **Masters Division** will be held in the following events:

<u>MALE</u>	<u>FEMALE</u>
200m freestyle	200m freestyle
100m breaststroke	100m breaststroke
50m butterfly	50m butterfly
200m individual medley	200m individual medley
4 x 50m freestyle mix	4 x 50m freestyle mix
50m freestyle	50m freestyle
100m butterfly	100m butterfly
200 backstrokes	200 backstroke
4 x 50m medley relay	4 x 50m medley relay
50m backstroke	50m backstroke
200m breaststroke	200m breaststroke
100m freestyle	100m freestyle
50m breaststroke	50m breaststroke
4 x 50m medley mix	4 x 50m medley mix
4 x 50m freestyle	4 x 50m freestyle
100m backstroke	100m backstroke
400m freestyle	400m freestyle
200 butterfly	200 butterfly

c. schedule:

Wednesday I
200m freestyle
100m breaststroke
200m freestyle Medals Ceremony
50m butterfly
100m breast Medals Ceremony
50m butterfly Medals Ceremony





2 Thursday II
4 x 50m freestyle mix relay
200m individual medley
4 x 50m freestyle mix relay Medals Ceremony
50m freestyle
200 IM Medals Ceremony
100m butterfly
50m freestyle Medals Ceremony
200m backstrokes
100m butterfly Medals Ceremony
4 x 50m medley relay
200m backstroke Medals Ceremony
4 x 50m medley relay Medals Ceremony

Thursday III
50m backstroke
200m breaststroke
50m backstroke Medals Ceremony
100m freestyle
200m breast Medals Ceremony
200m butterfly
100m freestyle Medals Ceremony
200m butterfly Medals Ceremony
4 x 50m medley mix relay
4 x 50m medley mix relay Medals Ceremony

Friday IV
50m breaststroke
100m backstroke
50m breast Medals Ceremony
400m freestyle
100m backstroke Medals Ceremony
4 x 50m freestyle relay
400m freestyle Medals Ceremony
4 x 50m freestyle relay Medals Ceremony





4. **Open Water Swim:**

Competitions during the Maccabiah will be held in the following events (each race will be run as direct final):

Details:

date: July 20, 2025

location: Nir David (start: Holzer Sports Center)

format: two laps of 1.5 km' each in Nahal Haasi

SCHEDULE: start at 06:00 . finish at 11:00

3K race

1.5K race

5. **System of Competition (Only h - i apply to Open Water Swim)**

- a. In order to be placed in the preliminaries, each swimmer must register his/her best time in the list of events in which she/he is competing.
- b. In the event of identical results, registered in the list, placement will be determined by a draw.
- c. A swimmer, who does not register his/her time, will be listed with a "No time" or "NT" for that specific event.
- d. Preliminary heats will be held in all events, except in 800m, 1500 freestyle and relay events, in which the best heat will take place in the afternoon and the rest in the morning.
- e. The ten (10) swimmers with the best results in the preliminary heats will qualify for the Championship Final ("A" Final).
- f. A Consolation Final ("B" Final) will be run in events where more than 18 swimmers participated in the preliminaries.
- g. The Organizing Committee reserves the right to combine Open and Juniors Teams relay events depending upon the number of teams registered. Medals will be awarded according to the respective age divisions of the teams.
- h. Appeals will be presented to the Committee of Appeals of the Swimming events, not later than 15 minutes after the announcement of the disqualification.
- i. In Open Water, the Organizing Committee reserves the right to combine events. Medals will be awarded according to categories.

6. **Judges**

The Swimming Committee will select a Referees' Committee, which in turn will appoint the judges of the competition.

7. **General**

- a. These regulations are but one part of the complete 22st Maccabiah regulations and must be read along with the instructions found in the Maccabiah Basic Regulations.
- b. In the event of a discrepancy between the regulations written here and those appearing in the Maccabiah Basic Regulations, the regulations written here will prevail, apply and be binding.
- c. A detailed competition schedule will be sent in no later than April 2025.

